

# Personal Effectiveness

## Join Tony as he shares his Seven Principles of Success

Success is not limited to one or a few things in life. It can take many different forms and be measured in different ways. As I continue on my journey to my success, I would like to share some of my thoughts, theories, and practices that can help you increase your chances of success along your journey. I will introduce my seven principles of success over a period of seven months. The journey is designed to enlighten, engage, and inspire us to want to become better and make a significant contribution to ourselves, our families, and our world.

**My seven principles of success** that will guide our discussion are: **(S) Simplify** your approach **(U) Understand** your purpose **(C) Commit** to your plan **(C) Communicate** positively **(E) Evaluate** your process **(S) Sow** powerful relationships **(S) Spend** time helping others.



**Tony Milons, SES**  
**Director, Cleveland Regional Office**  
**Department of Veterans Affairs**  
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**Tony Milons** was appointed Director of the Cleveland VA Regional Office on August 24, 2014.

Mr. Milons is a graduate of VBA's Leadership Enhancement and Development Program (LEAD Class of 99) and a graduate of Leadership VA (LVA Class of 2004). He is also a regular visiting instructor at the Baltimore Training Academy where he teaches leadership skills to varying levels of leaders within VBA.

Mr. Milons holds a baccalaureate degree from Chicago State University and a master's degree in Public Administration from the Keller Graduate School of Management. He is also a Veteran having served in the United States Marine Corps from 1985 to 1990.



**31st Floor Auditorium**

**12:00pm—1:00pm**

Session 1: Wednesday, October 5, 2016

Session 2: Wednesday, November 16, 2016

Session 3: Wednesday, December 14, 2016

Sessions 4-7 TBA



Hosted by the Federal Executive Board Diversity and Inclusion Committee.

If you require interpretive services please contact your agency POC. If you have questions about this event please contact Charlotte Camp: [Charlotte.Camp@va.gov](mailto:Charlotte.Camp@va.gov)